



Microlearning

Dr Kirstine Hulse



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BREMWORTH

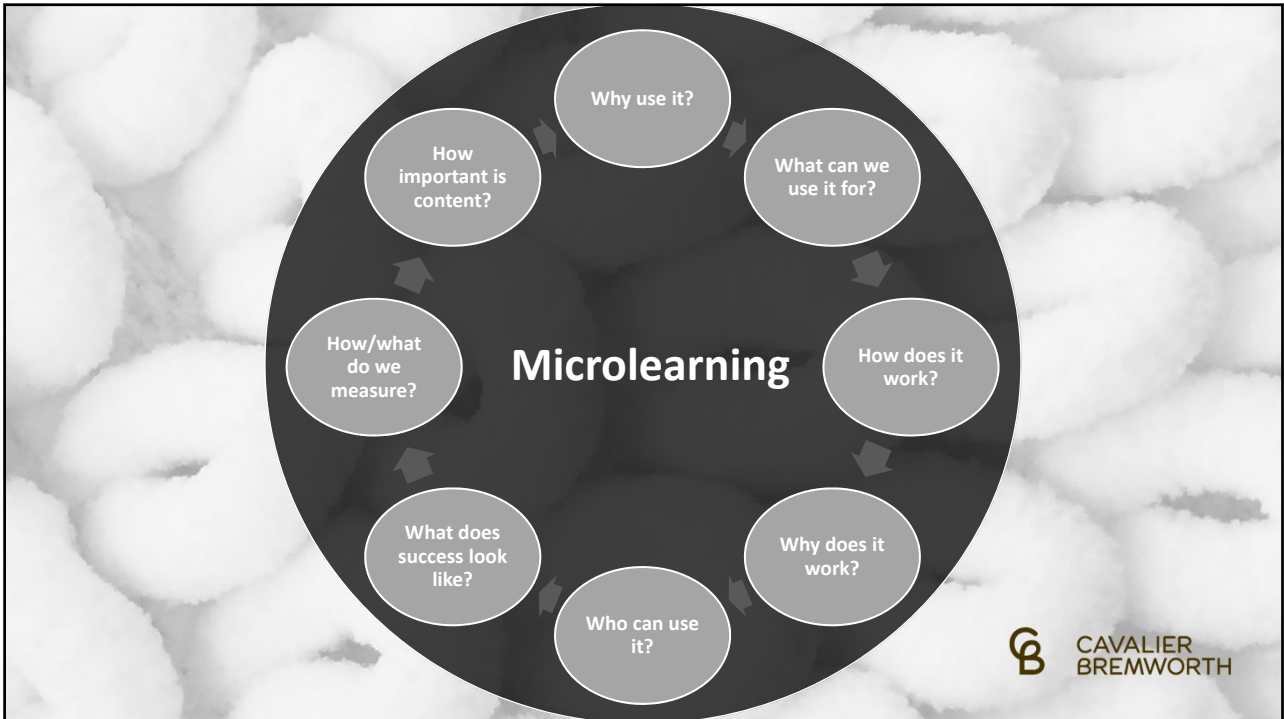
1

What is Microlearning?

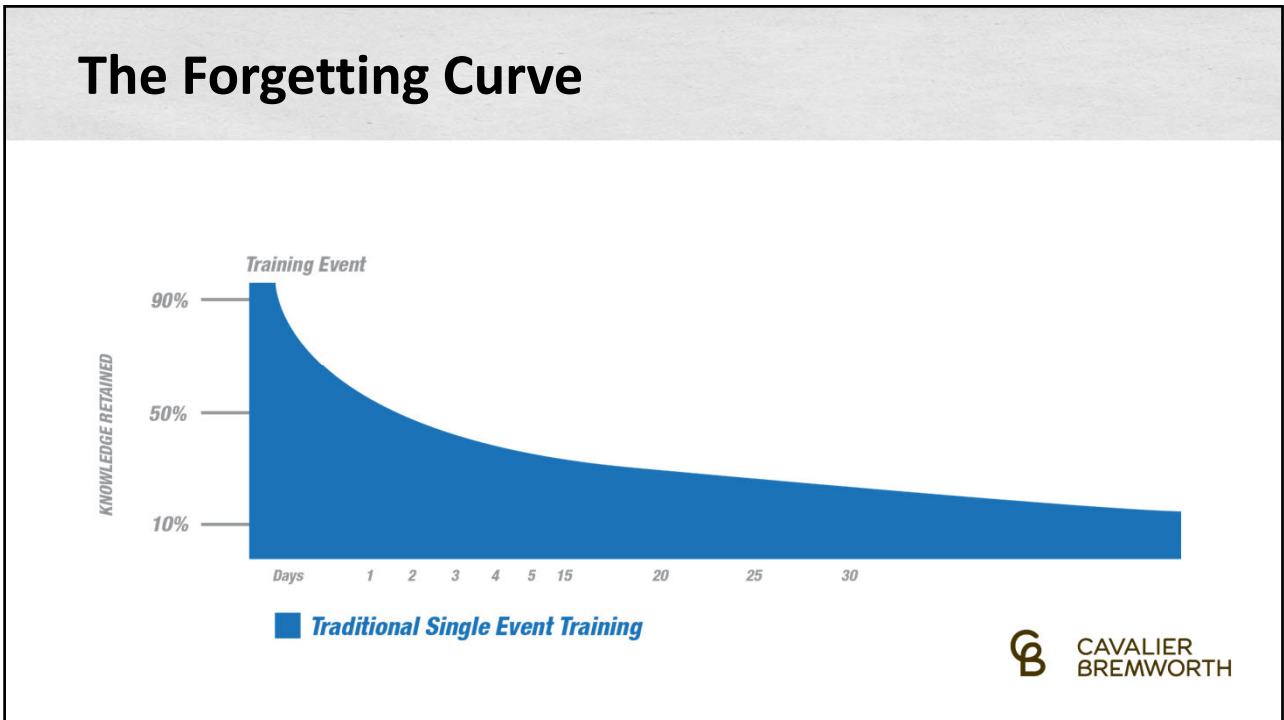
- Learning in short bursts
- Targeted/focused content
- 3-4 minute intervals
- Frequent e.g. daily
- On demand
- Spaced repetition & Mastery
- Gamification & teams
- Adaptive & personalised learning



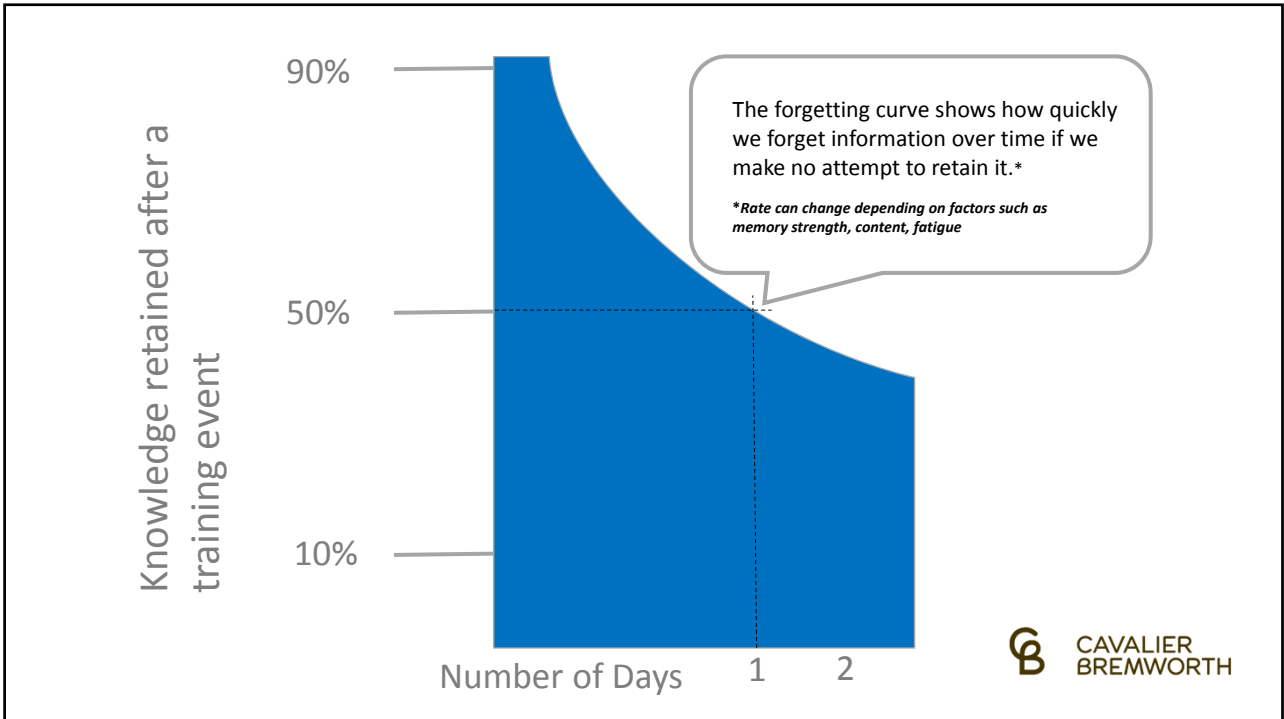
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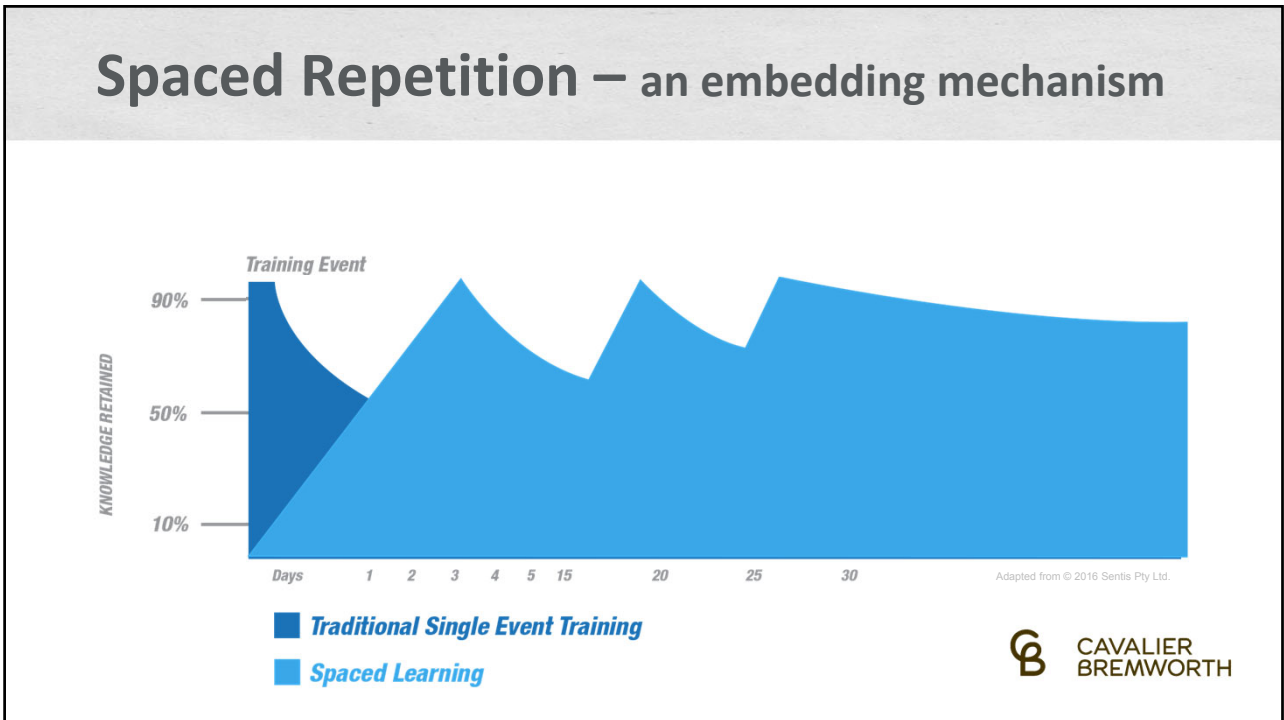
3



4



5



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Learn the following new topics

Filter by Category, Subject, or Topic

Health and Safety, Asbestos
Introduction to Asbestos - Level 1
1 module & 7 questions
50 reward points Start

Health and Safety, Fatigue
Introduction to Fatigue - Level 1
1 video & 10 questions
50 reward points Start

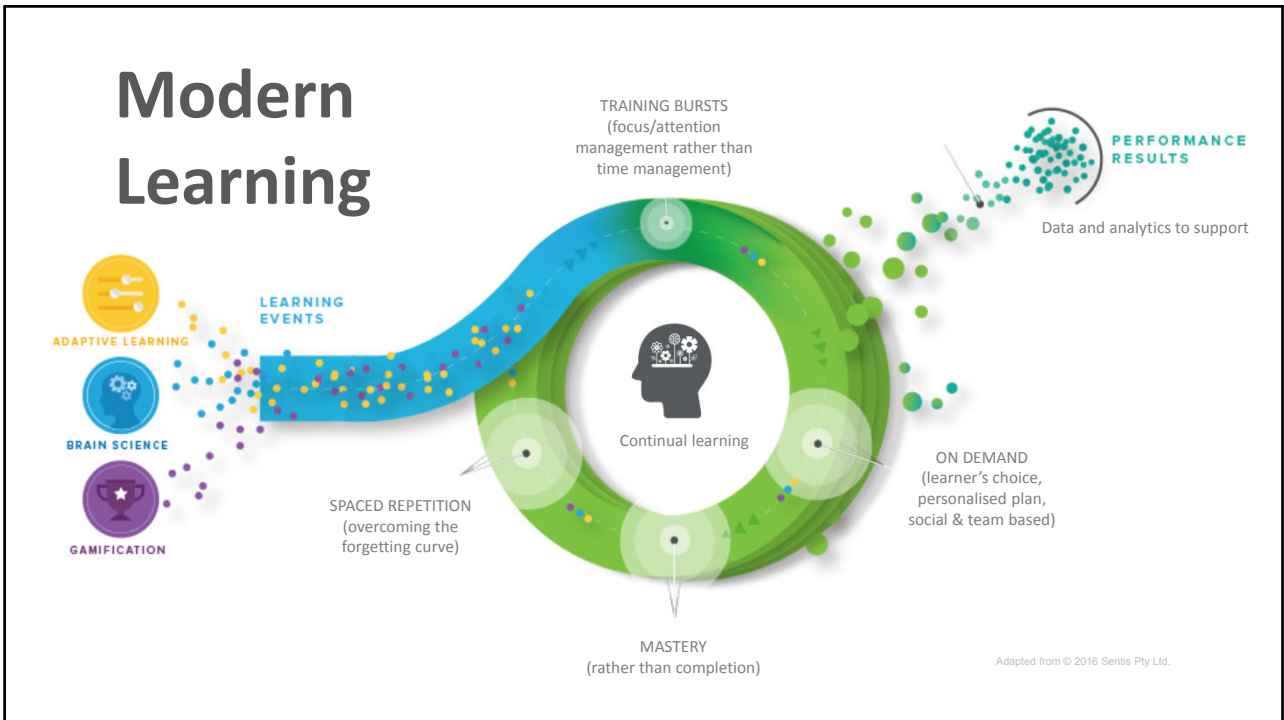
Health and Safety, Fatigue
Applying Fatigue Management - Level 1
Unlock by passing Introduction to Fatigue

Health and Safety, Risk Management
Introduction to Risk Management - Level 1

What can we use it for?

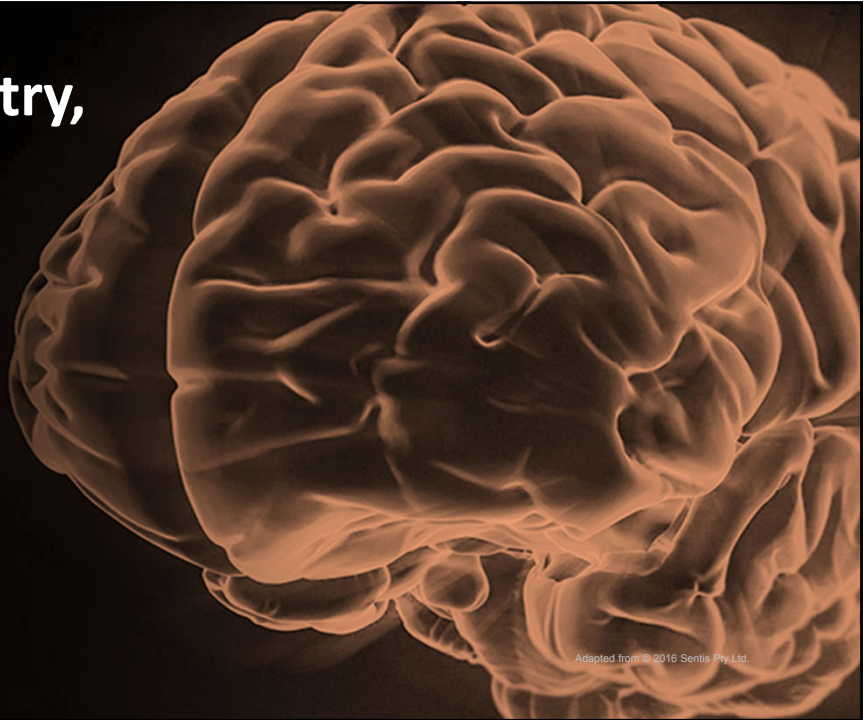
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Brain Chemistry, Gamification & Accelerated Learning



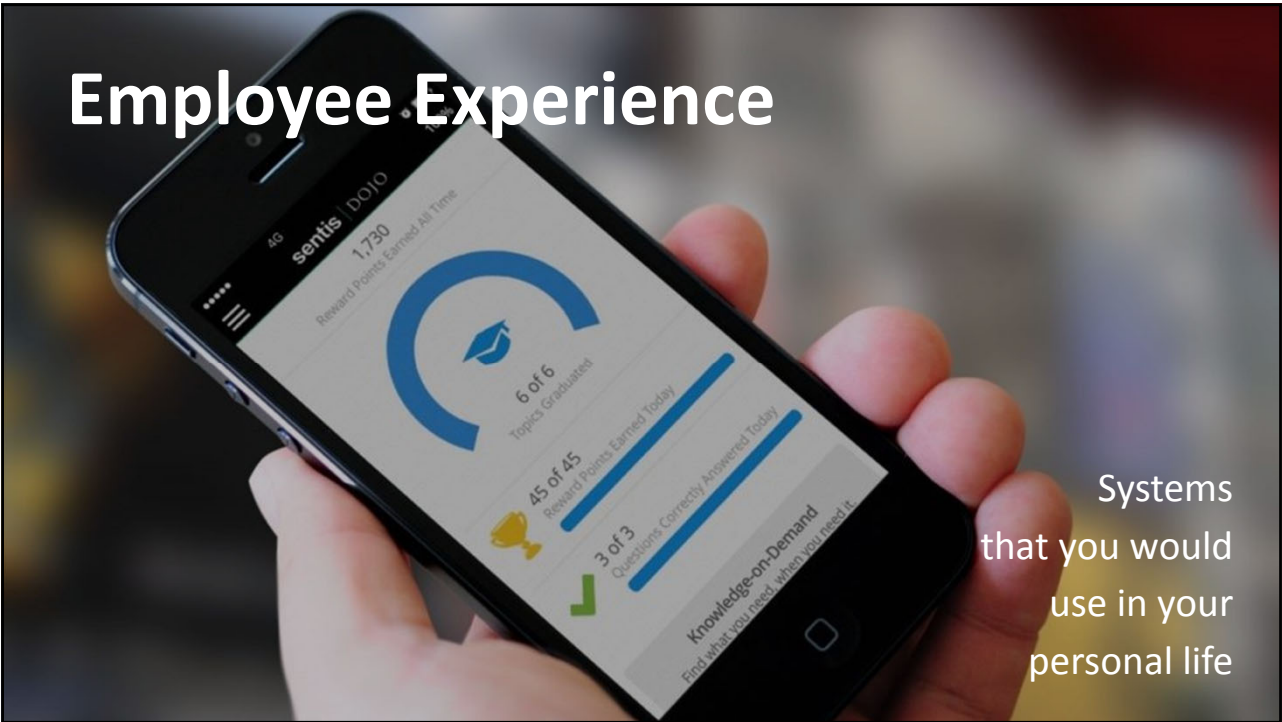
9

Your
Brain is
like a
Garden



10

Employee Experience



Systems that you would use in your personal life

11



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Multiple Choice

Trevor had not been to a remote work site for a few months. He completed a formal risk assessment of the work area and identified that recent rains had changed the ground conditions from what he was expecting from previous experience. The work area was now unstable, so he did not commence the work.

How did the risk assessment tool assist Trevor? Choose ONE answer.

- It allowed him to keep a record of the hazard so that he could explain why he did not start the job
- It switched his brain on to consider new risks he was not anticipating in a familiar environment
- It gave him a good reason to not have to do the job and enjoy some well earned down time

Multiple Choice

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How did the risk assessment tool assist Trevor? Choose ONE answer.

Correct +15 Reward Points

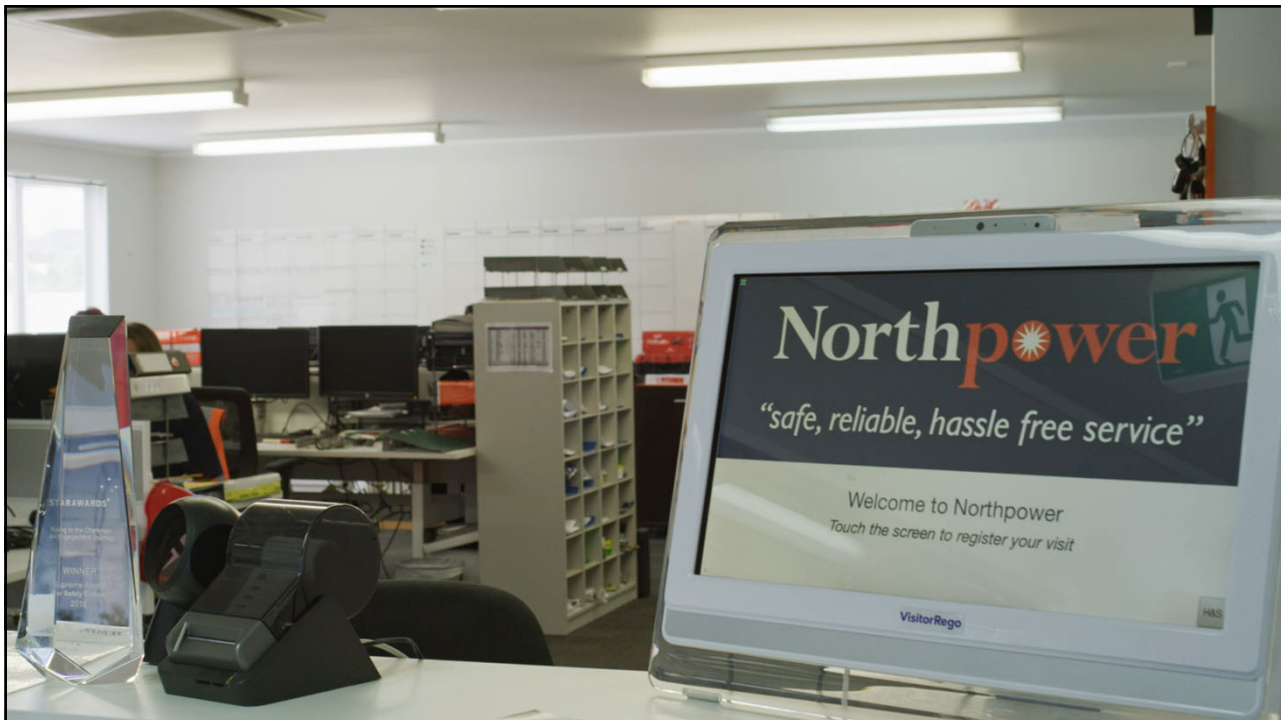
By using risk assessment tools as they are intended, you are giving your brain a good prompt for assessing risks and planning your work.

- It allowed him to keep a record of the hazard so that he could explain why he did not start the job
- It switched his brain on to consider new risks he was not anticipating in a familiar environment ✓

▼ Scroll ▼

Continue

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What does success look like?

- Laser focus on content
- Spaced repetition & mastery
- Connecting through gamification

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Questions?

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Think differently

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